



2023 Boyer Built Wrestling Camp

June 23rd-24th

Plainview High School

301 W Pilcher Ave.

Plainview, NE 68769

Clinician: Tyan Boyer

- Nebraska State Finalist
- Nebraska National Team Member
- World-Level Official

This camp will help wrestlers:

- *LEARN* how to drill with *INTENSITY*
- *DEVELOP* a *SYSTEMATIC* approach from set up to *FINISH*
- *IDENTIFY* your go-to *ATTACK*

June 23rd

10-12: Head Inside Single Technique

1-3: Head Outside Single Technique, Live

June 24th

8-10: Outside Step/Hi-C Technique

10:30-12:30: Short Offense/Front Headlock Technique, Live

Registration:

Email waiver to Tyan Boyer at tyanboyer@gmail.com

Cost: \$50/wrestler, shirt included if registration is returned by May 31st

Cash, checks, or Venmo will be accepted.

Checks made out to Tyan Boyer

Venmo: @Tyan-Boyer

Individual Waiver

Every wrestler must fill out this form to be able to attend the 2023 Boyer Built Wrestling Camp.

Name: _____

School: _____

Shirt Size: _____

Parent/Guardian Name: _____

Address: _____

Phone: _____

In consideration of your accepting this I hereby for myself, my heirs, my executors, and administrators waive and release Tyan Boyer and Plainview Public Schools and/or all their agents, officers, coaches, and/or team members from any and all claims or rights of damage, injury or losses directly or indirectly in attendance or participation in the 2023 Boyer Built Wrestling Camp.

Parent/Guardian Signature:

Date:

Wrestler Signature:

Date:
