The EAGLE Newsletter



SUPERINTENDENT'S CORNER

Congratulations to all individuals currently participating in extracurricular activities this fall! Late October and early November is a busy time of year with conference tournaments under way and regular season events winding down. Please continue to support all of our students in the extracurricular activities at Allen. To stay current with the latest updates on activities, events and day-to-day news, log on to the school's website at www.allenschools.org. This website houses current and pertinent information all within one location. Take ad-

vantage of this resource to support our Allen Eagles students and staff and to learn about upcoming events at school. We always welcome your feedback! If you have suggestions on how to the make the webpage more beneficial for parents and community members, please let us know.

On September 20th we held our parent teacher conferences for the first semester. If you did not have an opportunity to visit with your child's teacher(s), please call or e-mail for an update on how your child is progressing so far this year. We had 74% of our parents participate in parent-teacher conferences for students in Pre-School through 12th grade. Thank you to all who attend and your continued support for our school!

Michael Pattee, Superintendent



Information regarding school delays and closing can be found on all Sioux City TV and radio stations. There are many factors to consider before making the decision to cancel classes, to start late, or to dismiss early. First and foremost, is the safety of the students, faculty, parents, and staff. Such a decision is not taken lightly.

We will be communicating with other area schools and hopefully will make a decision as to a weather related two-hour late start or closing as soon as possible. Occasionally a decision can be made either for a two-hour late start or a closing the night before. In the case of severe weather please check the 10:00 pm Sioux City news for up-to-date late start and closing information. Weather-related dismissals can also be found by going to the school website at www.allenschools.org and clicking on the Siouxland Matters Weather Closings and Delays button, the KMEG 14 & Fox 44 School Closings button, or the KTIV Winter Delays and Closings buttons on the right side section of the front page.



The school will be continuing to use the ADT program where each family will be called about delays and closings, as well as continuing to use the push notifications from the <u>Allen Consolidated App</u> that can be found on the Google Play Store or the iTunes Store.

make sure to allow push notifications when installing the app.

Occasionally it may be necessary because of bad weather to have an early out. If this is the case every effort will be made to publicize the early out and contact parents. We do not want to have students home alone without prior parent approval.



INSIDE THIS ISSUE

Principal's Corner 2
Veterans Breakfast Info 3
Guidance Counselor 4
Student News6
Giving Tree Info8
School Calendar10
Lunch Menu11

- Lifetouch Picture Retake Day - Nov 1
- Pre-K 2nd Grade Field Trip - Nov 2
- One Act Wynot Festival - Nov 3
- JH Wrestling Meet
 Nov 3
- Conference Choir - Nov 5
- Conference Quiz Bowl - Nov 7
- State Volleyball
 Nov 8-10
- One Act Performance at school - Nov 8 (open to the public)
- Veterans Day Breakfast and program at school
 Nov 9
- Start of Winter Practices - Nov 12
- LifeServe Bloodbank in commons Nov 12
- Conference One Act Nov 13
- One Act Matinee at school - Nov 21 (open to the public)
- EARLY OUT 1:50 pm - Nov 21
- NO SCHOOL - Nov 22 & 23
- Boys Varsity Jamboree BB Game - Nov 26
- District One Act
 Nov 27



Non-Discrimination Policy

It is the policy of the Allen Consolidated Schools not to discriminate on the basis of sex, handicap, age, race, religion, marital status, or national or ethnic origin in its educational programs, administered programs, and all the related publications.

It is the policy of the Allen Consolidated Schools not to discriminate on the basis of sex in its educational programs, activities, or employment policies as required by Title IX of the Educational Amendments.

Inquiries regarding compliance with Title IX may be directed to:

> Mr. Pattee, Superintendent, Allen Consolidated Schools, (402) 635-2484, or to:

Director of the Office of Civil Rights, Department of Education, Washington D.C.

Family Educational Rights and Privacy Act (FERPA)

Annual notice provided to parents/guardians and eligible students of their rights to inspect and review educational records, amend education records, consent to disclose personally identifiable information in education records and file a complaint with the U.S. Department of Education.

PRINCIPAL'S CORNER

Happy autumn! It is difficult to believe it is already November, the first quarter is complete, and we are looking ahead to Christmas. Report cards have been mailed, and honor roll announced. In the meantime, check the school website to see the full honor roll list. We have a large number of students who excel academically, and we want to give them a hand for their efforts!

At this time, our fall activity season is also drawing to a close, and I would like to congratulate all of our students and sponsors for representing our school so well. Our athletes have competed hard this fall, the band has a few marching events under its belt, FFA members have competed successfully at several events, and the One Act team is gearing up for conference and district competition as well. Hopefully our students have experienced life-long learning lessons from their participation that will serve them well later on. This past month eight students—Kaitlyn Beach, Katie Bathke, Brock Floyd, Ashley Kraemer, Lukas Oswald, Diana Rivera, and Alyssia Strivens--auditioned for All State Chorus and deserve recognition as that process involves a lot of time, commitment and hard work! This year, Allen will be represented at the NMEA performance in Lincoln on Friday, November 16th at 4:30 pm at the Lied Center by Kaitlyn Beach, daughter of Jaclyn and Chris Beach, and Candice and Brian Hansen; Brock Floyd, son of Jamie and Corey Floyd; and Lukas Oswald, son of Dawn and Curtis Oswald. All of these students worked extremely hard and deserve a big "Congratulations!"

As in past years, our sophomores are spending time this fall going through an ACT preparatory series designed to help students increase test scores. This program is available to our students with the help of ESU 1 in Wakefield, and our juniors will be participating in the same program next spring. The goal of the program is to help students improve their ACT scores and then as the program's motto states: "get into the best college at the lowest cost!"

Finally, I would just like to encourage parents to continuing helping your child make good decisions. We appreciate your support and cooperation here at school. If there is a problem, we need to communicate and work as a team to solve the problem and move forward. By working together we can make this a great school year for all of our students!

--Lana Oswald, 7-12 Principal

Attention JH PARENTS!

For Junior High core class assignments, please check out the website:

http://new.schoolnotes.com/ljoswald/

Our main goal is to get students to be responsible and use their planners or other device to track their assignments on their own, but it is nice to have somewhere to check to make sure their information is correct until it becomes a habit. In addition to posting homework online, I am meeting with 7th graders daily at the end of 5th period to go over these assignments.

Allen Consolidated Schools Improves Student Safety with TIPS



Just a reminder: the TIPS reporting link is on the school website and can be used to allow the anonymous reporting of bullying, weapons, abuse, vandalism, suicide risks and other concerning behaviors that may have a negative effect on the school's learning environment. TIPS can also be used to report acts of kindness or other make positive comments in something called a Hero report.

How it works: if you are worried about friends, students or others, or if you witness concerning behaviors, simply go to the Allen School website (<u>www.allenschools.org</u>) and click on the TIPS REPORT INCIDENT button. Select the appropriate incident type, share the necessary details and then SUBMIT.

Once an incident report is made, the principal and designated staff members are immediately notified via email and can securely review the report details to begin coordinating an appropriate assessment and response. TIPS provides all team members with the right tools to track and document the actions taken, see related reports, set automated reminders, review past reports, check school policy, and connect the right dots so no students or incidents are overlooked. Please keep in mind that due to confidentiality issues, it may not be possible for reporters to be informed on how their report was handled and/or how the situation was resolved.

Thank you for helping to keep our students safe!



The FFA is selling Fruit, Beef Sticks, Cheese Spreads, and Nuts via MinnTex Fruit.

Orders are due by Nov. 13th

Proceeds help support the Allen-Wakefield FFA Chapter. Contact any FFA member to place your order.

Contact Mr. Batenhorst with any questions. jbatenhorst@allenschools.org

See the website for listing of FFA Members!







Congratulations to Homecoming Royalty! 2018 Queen - Haley Stapleton 2018 King - Devin Twohig



Be a Volunteer!

Becoming a school volunteer can be one of the most rewarding experiences in life. Sharing a special talent, reading a book to a student, assisting the school librarian, helping to put up an interesting bulletin board for the classroom teacher, or helping chaperone on a field trip are all ways that one can serve as a school volunteer. Volunteers are made up of parents, grandparents, business people, retirees, high school students, and other community members. They can volunteer on a regular basis or on special occasions. If you would like to volunteer please call the school at (402) 635-2484.

The school will be hosting a

Veterans Day Breakfast

at 7:30 a.m. until 8:10 a.m. on Friday, November 9, 2018.

ALL VETERANS and spouses and all current service members and spouses are invited. A program will follow to honor the true American Heroes. Please take a few minutes out of your day to show respect to those who have put their lives on hold, to ensure we do not have to.

If you know of a veteran or service member who has not been publicly honored with a plaque during the past three years, please get that information to: Megan Kumm, Sara Kumm, Richard Puckett or Dave Uldrich.

Information necessary would be: Name, branch served, years of service and rank. If the veteran or current service member has relation in the school, please note that when notifying us.

We hope to see you there, Dave Uldrich

SPECIAL EDUCATION

Allen Consolidated Schools ensures that a free appropriate public education is available to all children with disabilities from birth through the high school year in which the student reaches 21 years of age, including children who have been suspended or expelled from school.



HANDICAPPED CHILDREN'S ACT

Allen Consolidated Schools requests your help in locating handicapped children. The school implements the Federal Handicapped Children's Act (PL 94-142) and Nebraska Statute which guarantees a free appropriate education program for all children between birth and 21 years of age.

If you have students or know of any young person who meets criteria please contact the Superintendent's Office.

(402) 635-2484

Seniors.... A reminder of what to do this fall

1. Complete the Free Application for Federal Student Aid (FAFSA)

- Review our <u>FAFSA Checklist</u> for a list of items to gather before you start the form.
- Complete the FAFSA at <u>fafsa.gov</u>. You may also complete it via the new myStudentAid app for iOS and Android.

For *free* help with the FAFSA, see <u>FAFSA Tools</u> at <u>EducationQuest.org</u> or call EducationQuest to make an appointment: Omaha – 888.357.6300, Lincoln – 800.303.3745, Kearney – 800.666.3721, or Scottsbluff – 800.303.3745, ext. 6654.

2. Apply to your top college choices

V If you attend one of nearly 200 Nebraska high schools holding *Apply2College* events this fall, you'll get help (or already have) with your applications. they will award you.

3. Retake the ACT and/or SAT

 \diamond \quad Colleges use your best scores for college admission and scholarships.

4. Get serious about applying for scholarships.

See <u>ScholarshipQuest</u> at <u>EducationQuest.org</u> for Nebraska-based scholarships and a list of national search sites.

Juniors.... Start researching colleges

If you narrow your college choices by the end of your junior year, your senior year will be less stressful. Here's how to get started:

- 1. Review College Profiles at EducationQuest.org for information about colleges in Nebraska and across the country. If you're interested in an out-ofstate school, check out the Midwest Student Exchange Program to learn about tuition discounts.
- 2. Meet with college representatives who visit your school, and then visit the websites of the colleges that interest you to learn more about the schools.
- 3. Once you've narrowed your choices, schedule campus visits. Try to visit in the spring of your junior year while colleges are still in session.

For more tips, see the Selecting a College section at <u>EducationQuest.org</u>.



You app-solutely need this to stay on track to college!

EducationQuest's new app will give you easy access to tools like Activities Resume, College Profiles, College Timeline, Reality Check, and ScholarshipQuest. There's also a calendar that will guide you through collegeplanning steps - and you can personalize it with your own tasks.

Download the app and encourage your friends to do the same!



It's FAFSA time!

Beginning October 1, you and your parents can com-

October "To Do" List

Juniors ~ complete these tasks:

college entrance exam.

you.

app.

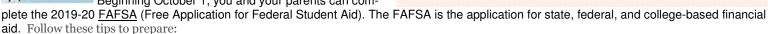
Research colleges that interest

Take a prep course for the ACT

Download the EducationQuest

Seniors ~ complete these tasks in November to stay on the path to college:

- * Complete the FAFSA
- Apply to your top college choices
- Download the EducationQuest app.
- Register by November 2 for the December 1 SAT.
- * Register by November 2 for the December 8 ACT.



Create a Federal Student Aid (FSA) ID for you and one for a parent at <u>fsaid.ed.gov</u>. You and a parent will each need an FSA ID to access and sign the FAFSA.

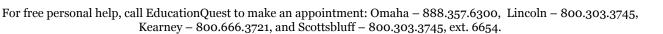
Attend an EducationQuest Financial Aid Program (FAP) to learn about the FAFSA and the financial aid process. If you attend, *you'll be eligible to register for a <u>\$500 scholarship</u>! FAPs are happening at high schools across the state.*

Review the <u>FAFSA Checklist</u> at <u>EducationQuest.org</u> to determine items you'll need to complete the FAFSA.

See FAFSA Tools at EducationQuest.org for helpful resources.

This fall, over 200 Nebraska high schools are holding *Apply2College* events during the school day to help seniors complete college applications.

Are you ready to Apply2College?



4

COUNSELOR'S OFFICE



ALLEN SCHOOL GIVING TREE

The Allen Consolidated School Student Council will be hosting a Giving Tree this year at the school! If you would like to take part in giving a child a gift....YOU CAN!!

How it works:

Stop by the school and take a tag from our paper tree. The tree will be located on the wall in the commons area on Nov.27th. There will be a sign-up sheet hanging on the wall by the paper tree for

you to write YOUR name beside the tag YOU take. All gifts are due back to the school office with the tag attached by **December 13th**. Wrapping the gifts is optional. Student Council members will wrap any unwrapped gifts.

You may pick up the gifts at the school or the school will deliver the gifts to each family. We just want to make it confidential and convenient for families.

Thank you for your kindness and giving. Have a wonderful Holiday Season!

Mrs. Kneifl, School Counselor



NEBRASKA SCHOOL ACTIVITIES ASSOCIATION



Congratulations to

Katie Bathke and **Cassidy Thomas**

for being chosen for the Believers & Achievers Award which is a statewide awards program that recognizes Nebraska's future leaders, and is sponsored by the Nebraska Schools Activity Association and U.S. Banks®.

ALLEN BAND AND CHOIR NEWS:

Allen Marching and Pep Band

The Allen Marching Band competed in two marching competitions this year, The Lions' Club Parade in Norfolk, NE, and The Wayne State Band Days Parade in Wayne NE. The Lions' Club Parade was on September 22 and WSC Band Days was on September 29.

The Pep Band has had fun learning new songs and a cadence for home games. They also have been working on the "Allen A", which you can see on the football field right after the Star Spangled Banner. The Pep Band will be playing with Wakefield for a Wakefield- Allen Girls' home game sometime next semester.





Allen Choir

This year many students tried out for the 2018 All-State Choir. Out of seven applicants, three students made it! Congratulations to Brock Floyd, Kaitlyn Beach, and Lukas Oswald for their hard work. They will be participating in the 2018 All-State Chorus from November 14-16 in Lincoln, NE.

Allen had multiple students try out for the 2018 Lewis and Clark Conference Choir. Kaitlyn Beach, Cole Monteith, Lukas Oswald, and Brock Floyd made Conference Choir.



Some important test dates to remember :

*ACT for Juniors & Seniors:

•December 8, 2018 - register by Nov 2

•February 9, 2019 - register by Jan 11

•April 13, 2019 - register by Mar 8

•June 9, 2019 - register by May 3

•July 13, 2019 - register by Jun 14

To sign up for the ACT visit www.actstudent.org



For free help with college planning, contact EducationQuest Foundation:

> **Omaha:** 402-391-4033 888-357-6300

> Lincoln: 402-475-5222 800-303-3745

> **Kearney:** 308-234-6310 800-666-3721

Scottsbluff: 800.300.3745 ext. 6654





2019 SENIOR

PICTURES

The school needs two colored glossy billfold

size portraits or a digital

photo copy of each senior by January 11, 2019.

Guidelines for these

pictures will be sent

home at a later time.



If you would like to purchase one for \$25, please contact the school at (402) 635-2484. If you have already purchased an annual and have not received it please stop by the school and pick it up!











There are 21 high school students involved in One Act this year. The group attended Black Shirt Drama Day at Wayne State on Tuesday, October 23rd where they learned stage combat, creative dramatics, and bold choices on stage. The first performance will be at Wynot on November 3rd. <u>The public is invited to a choice of two performances in the school gym: Thursday, Nov.</u> 8th @ 7pm and Wednesday, Nov. 21st @ 1:10pm.

This year's selection entitled, "Dark Road," is a serious performance set in Nazi Germany toward the end of WWII, and deals with emotional and adult themes such as bullying, violence, and an individual's choice between good and evil. Due to the seriousness of this selection, we have decided NOT to have our K-6 grade students attend the matinee on Nov. 21st, but would ask that parents consider attending the public performance with their upper elementary students and using it as a learning opportunity. Thank you!

One Act Schedule Wynot Festival ~ Sat. November 3 Public Performance ~ Thurs. November 8 @7pm *This play has mature themes, so content may not be suitable for young children* Conference ~ Tues. November 13 School performance ~ Wed. November 21 @1:10pm Districts ~ TBA

2018-2019 HONOR ROLL – Quarter 1

GRADE 7 - Michael Dickens

GRADE 8 - Joe Grone, Maddy Roach, Joey Waldo

<u>GRADE 9</u> - Brennan Beach, Jordyn Carr, Makaya Johnson, Cheyenne Keil, Kaleb Kumm

<u>GRADE 10</u> - Carly Dickens, Alli Jackson, Ashley Kraemer, Kobe Kumm

<u>GRADE 11</u> - *Jacob Anderson, Noah Carr, Josh Grone, *Brogan Jones, Alyssia Strivens, Ally Twohig

<u>GRADE 12</u> - *Katie Bathke, Kaitlyn Beach, Alyssa Boese, Summer Jackson, Bethany Kneifl, Haley Stapleton, *Cassidy Thomas.

* Indicates all A's





Allen School Student Giving Tree

Groups or individuals may purchase a gift or make a monetary donation for the Giving Tree. If you would like to take a gift tag from the tree, stop by the school Commons area on or after Tuesday, November 27, 2018.

There will be a sign-up sheet by the Paper Christmas Tree hanging on the wall for you to write your name beside the tag you take. Gifts are due back to the school office with the tag attached by Thursday, December 13th. If you do not want to purchase a gift, we always accept donations for the student's milk and lunch programs.

Parents, if you would like to submit your child's name, call or send the wish list form to Desiree Kneifl at the school. All names will be kept confidential. The telephone number is 402-635-2484 and the address is P.O. Box 190, Allen NE 68710. You may also bring the list of needed items to school and give to Desiree Kneifl or email her at dkneifl@allenschools.org

*Fill in child's name, age, and a list of needs and/or wanted items. If it is a clothing item, please specify size.

How it works:

If you are participating in the giving tree as a family you will need to fill out a form and send it back to Desiree Kneifl by November 19th. Then pick up your families gifts by calling and making an appointment that works best for you...this is also so your children do not see you picking up the packages. We want to keep this confidential for you and your family.

Any questions call Desiree Kneifl at 402-635-2484.



Parent:	Phone Numb	per:	
Example:			
Child M	Girl or Boy	Age	Size
* Doll	Girl	5	
* Blue Jeans	Воу	7	7-8 (youth)
Child A	Girl or Boy	Age	Size
*			
Child B	Girl or Boy	Age	Size
*			
Child C	Girl or Boy	Age	Size
*			
Child D	Girl or Boy	Age	Size
*			
Child E	Girl or Boy	Age	Size
*		~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~	JILC
Child F	Girl or Boy	A	<u></u>
*	GIN OF DOY	Age	Size
*			
Child G *	Girl or Boy	Age	Size
*			



Library News

One month down for Pizza Hut Book It! Students have been reading hard and many of them have earned certificates for a free personal pan pizza at Pizza Hut! Students who have reached their reading goal also have earned a spot on the Book It bulletin board. Thank for your encouraging your child to read their goal minutes each day at home. Remember, the goals are set by minute, not by book. If your child reads for example 10 minutes at home one evening, they can color in the picture for that date on their calendar.

Elementary Technology classes will continue to focus on basic mouse skills (K-1st) as well as exploring educational IPad apps. Typing will be a main focus for the 2nd-4th grade classes this second quarter. This month but we will venture out and begin grade level appropriate projects based on skills learned during the first quarter of school. Projects will be organized and arranged to be finished up by the end of the second quarter. It will be a very busy time for us and I am hoping to get much accomplished now that we have some of the basics out of the way. Mrs. Callie Anderson, Librarian



Poinsettias will arrive on or before Wednesday November 28th and will be available in the library for purchase.

All sales are on a first come first serve basis.

Hurry in Wednesday, November 28th to purchase your Poinsettias!

Supplies are limited!

Pot Size	Available Colors	Price
5.5 inch pot	Pink Poinsettia	\$10.00
6 inch pot	Ice Punch/Jingle Bells Red/White/Pink/Burgundy	\$15.00
7.5 inch pot	Red/Ice Punch/White/Pink/Burgundy	\$20.00
8.5 in. pot	Red/Burgundy/Tri-Color	\$25.00
12 inch bowl	Poinsettia/Diamond Frost Combo	\$25.00



Allen Consolidated Schools 🥳



November 2018

Sunday	Monday	Tuesdav	Wednesday	11		
		fancos v	wewlesuay	1 Inursday	Friday	Saturday
Calendar events and times are subject to change.				8:30am-11:30am - ASVAB Interpretation 8:45 am -Lifetouch Picture Re-take day	8:30am-3:15pm PK - 2 Gr. Sioux City Field Trip	4 Wynot One Act Festival - Depart 6:30am 10:00am - W-A JH Wrestling @ Wayne
0						TBD - HS Volleyball -District Finals @ TBA
4	v	9	7	8	6	10
	Conference Choir @ Homer Concert Time TBA	6:30pm-8:30pm -One Act Dress Rehearsal	8:00am -Conference Quiz Bowl @ WSC	TBD -State Volleyball Tournament in Lincoln	TBD -State Volleyball Tournament in Lincoln	TBD -State Volleyball Tournament in Lincoln
	Start of W-A JH Girls Basketball Practice @			4:00pm - W-A JH Wrestling @ Ponca	7 :30am - Veterans Day Breakfast	
	5:00pm - W-A JH Wrestling @ Wakefield			7:00pm -One Act Performance program to follow at 8:20am (a) school open to the public	program to follow at 8:20am	
11	12	13	14			
	Start of HS Winter Practices			0am - UNL Math Day	e	17 9:00am - W-A JH Wrestling @ Howells-Dodge
	1:30pm-6:30pm -LifeServe Blood Drive in Commons	Awards at 4:00pm) 7:00pm -School Board Meeting		10:00am -Jostens Ordering 9th & 12th grade		(Tourney is at Howells)
	4:00pm - W-A JH Wrestling @ Randolph			4:45pm - W-A JH Wrestling @ Plainview		
18	19	20	21	22	22	34
	3:30pm - W-A JH Wrestling @ Elkhorn-Valley		1:10pm -One Act Matinee in gym - open to the public	NO SCHOOL	NO SCHOOL	1
	7:00 -Music Boosters Meeting		1:50-EARLY OUT	Thanksgiving Break	Thanksgiving Break	
25	26	27	28	20	30	
	10:am - Jostens colleting orders from 9th & 12th gr. 6:00pm -Boys Varsity Jamboree Basketball @ E-H	TBD - District One Act @ Bloomfield - Depart 7:30am		(0am -FFA Chapter Meeting Science Room 0pm -W-A Girls JV/ rsity Basketball @ Pender rsity Basketball @ Pender opm -W-A HS Wrestling @ der	6:15pm -Boys JV / Varsity Basketball @ Wakefield	



2018 2018 Monday Tuesday Wednesday Thursday Friday B French Toast B: Banana Bar L: Hot Dog on a Bun L: Fish Sticks Tater Tots Mac-N-Cheese Tea Roll B: Glazed Donut B: Uncrustable B: Pancake & Sausage B: Eggstravaganza B: Egg & Biscuit L: Chicken Alfredo L: Terivaki Chicken L: Fiestada Pizza L: Chicken Strips L: Hamburger on a Bun Green Beans Asian Rice Corn Mashed Potatoes w/ Gravy **Spiral Fries** Tea Roll Tea Roll Tea Roll 12 13 14 15 16 B: Long John B: Breakfast Pizza B: Poptart & Yogurt B: Cinnamon Round B: Omelet L: BBQ Pork on a Bun L: Burritos L: Biscuit & Gravy THANKSGIVING DINNER L: Chicken Patty on a Bun **Baked Beans** Spanish Rice Corn L: Turkey Peas Doritos Mashed Potatoes w/Gravy Tea Roll 19 20 21 22 23 B: Uncrustable B: Cinnamon Roll B: French Toast anksgiving Break L: Crispitos L: Salisbury Steak L: Hot Ham & Cheese No School Cheese Sauce Mashed Potatoes w/ Gravy Green Beans Corn Tea Roll Cookie 26 27 28 29 30 6th Grade B: Cinnamon Round B: Pancake & Sausage B: Long John B: Omelet B: Breakfast Pizza Choice L: Country Fried Steak L: Mini Corn Dogs L: Italian Dunkers L: Chili L: Soft Shell Taco Mashed Potatoes w/ Gravy **Baked Beans** Marinara Sauce Cheese Stick **Refried Beans** Tea Roll Sun Chips Corn Cinnamon Roll **Oreo Fluff**

Most Breakfast Meals (B) include: Choice of Cereal or Oatmeal

All Breakfast Meals (B) Include: 8 oz. Milk

Fruit or Fruit Juice





All Lunch Meals (L) include: 8 oz. Milk Salad Bar

> Salad Bar may include the following options: Fresh Lettuce Fresh Spinach Carrots / Celery Tomatoes Diced Eggs Bean Variety Cucumbers Fruit Variety

11

ALLEN CONSOLIDATED SCHOOLS 126 E. 5TH STREET PO BOX 190 ALLEN, NE 68710-0190 NON-PROFIT ORGANIZATION

NOVEMBER NEWSLETTER

ECRWSS BOXHOLDER ALLEN, NE 68710

STDPRST U.S. POSTAGE PAID Permit No. 3 Allen, NE



The Juniors are selling Hy-Vee Coupon Books for \$5 each.

Over \$60 value per book!

Coupons are good at Sioux City and South Sioux City Hy-Vee locations and are valid through July 2019.

See any member of the Junior class, Mrs. Anderson, or Mrs. Dickens to purchase. Quantities are limited.



Get yours to start saving today!



PICTURE Re-Take DAY!! November 1st

