

2019 State Track



Jordyn Carr Long Jump Girls 4x400



Noah Carr 100 meters 200 meters Boys 4x100 Boys 4x400



Steven Cooks High Jump



Carly Dickens
Girls 4x400
alternate



Avery
Fredericksen
Long Jump
400 meters
Boys 4x400
Boys 4x800



Josh Grone Boys 4x100



Alli Jackson 400 meters 800 meters Girls 4x400



Brogan Jones 800 meters Boys 4x100 Boys 4x400 Boys 4x800



Ashley Kraemer Girls 4x400



Lukas Oswald 100 High Hurdles 300 Intermediate Hurdles Boys 4x400 - alt

4:21.94



Gabe Reinert
Boys 4x800
alternate



<u>Haley</u> <u>Stapleton</u> Girls 4x400



<u>Isaac Verzani</u> Boys 4x800



Devin Twohig

Boys 4x100

Boys 4x400

Boys 4x800

NEBRASKA STATE TRACK MEET RESULTS ALLEN HIGH SCHOOL

Medalists

2nd 800 Alli Jackson 2:23.41 **NEW SCHOOL RECORD**

2nd Long Jump Jordyn Carr 17'4 ¹/₄"

2nd <u>4X400 Relay</u> 3:31.38 Noah Carr, Devin Twohig, Avery Fredericksen, Brogan Jones **NEW SCHOOL RECORD**

3rd 200 Noah Carr 22.84

4th 4X100 Relay 45.18 Noah Carr, Josh Grone, Brogan Jones, Devin Twohig **NEW SCHOOL RECORD**

 $7^{\rm th}$ 4X800 Relay 8:47.3 Isaac Verzani, Avery Fredericksen, Brogan Jones, Devin Twohig

8th 100 Noah Carr 11.58

4X400 Relay

NON-MEDALIST RESULTS

Jordyn Carr, Haley Stapleton, Ashley Kraemer, Alli Jackson 9th Alli Jackson 62.31 400 Avery Fredericksen 53.31 15th 400 16th Long Jump Avery Fredericksen 19'1 1/2" 17th 300 Hurdles Lukas Oswald 43.22 18th800 **Brogan Jones** 2:10.27 19th High Jump Steven Cooks 5'8" 20th 110 Hurdles Lukas Oswald 16.84

Eagle track team breaks three school records in memorable weekend at State Meet.......

If a coaching staff ever wanted a wish to come true, it would be that the athletes perform their best on the biggest stage of the year.

The Allen coaching staff got just that over this past weekend in Omaha, at the Nebraska State Track Meet, as 12 Eagle athletes performed in 15 events, hitting near season bests, exceeding season bests, and breaking school records.

The Eagle boys finished the meet in **5**° place as a team, scoring 22 points and the **girls 14**° as a team, posting 16 points. A truly great showing by two relatively underclassman dominated squads. The squads harvested 16 medals from the meet. The count would have been 21, but two near misses (9° places) kept the Eagles from really having an even better weekend. Nonetheless, the efforts by all the athletes exceeded the

The Eagles had one girl school record fall, as sophomore, Alli Jackson, raced to a silver medal in the 800 meters, clocking a 2:23.41 time. The record breaking run replaces Lori Erwin's (Koester) 42 year old record run in 1977, of 2:23.59.

The Eagles boys reset an earlier season and school record mark by posting a 45.18 time in the 4X100 relay, (*Noah Carr, Josh Grone, Brogan Jones, Devin Twohig*) and then ending the state meet with a runner up finish in the 4X400 relay and setting a school record of 3:31.38. The 4X400 record breaking run, replaced the 2007 record set by Luke Sachau, Chris Blohm, Scott Wilmes and Charley Green. (*Noah Carr, Devin Twohig, Avery Fredericksen, Brogan Jones*)

Junior, Noah Carr, had a stellar weekend, as the fleet footed one placed 8^{th} in the 100 meters and then a 3^{th} place in the 200 meters, while adding two more relay medals in the 4X100 and 4X400.

Freshmen, Jordyn Carr, garnered silver in the long jump.

The boys 4X800 relay, making its 13th appearance in 14 years, picked up its 12th set of medals in that time span. (*Isaac Verzani, Avery Fredericksen, Brogan Jones, Devin Twohig*)

COACHES COMMENTS:

"A tremendous effort was given by all of the athletes representing our school this weekend. Some efforts fell a little short, and some blew the lid off the record books. No matter what we did, our kids deserve credit for taking the initiative to work hard and improve. 4 school records this year alone. One can only imagine where it may go from here. Thank you to the parents, family and friends who staked out Burke Stadium, and supported our athletes. Thank you to the entire Allen track family for a great 2019 season. Hope to see you at our meets in 2020."



To be completed for students participating in any

1	6	
		AA
		1 1/

NSAA activities.	Student and Par	ent Consent Forn	n	
School Year: 2020 Member School:				
Name of Student:				
Date of Birth:	Place of Birth:			
The undersigned(s) are the Student and referred to as "Parent".	I the parent(s), guardian(s), or	r person(s) in charge of	of the above nan	ned Student and are collectively
The Parent and Student hereby: (1) Understand and agree that participat	ion in NSAA sponsored activi	ties is voluntary on the	part of the Stude	ent and is a privilege;
(2) Understand and agree that (a) by the dangers associated with athletic particles such injury can range from minor cuts tendons, or muscles, to catastrophic injudisability, paralysis and death; and, (d) are still a possibility;	pation; (b) participation in any bruises, sprains, and muscle uries to the head, neck and sp	y athletic activity may strains to more serious sinal cord, and on rare	involve injury of s injuries to the occasions, injuri	of some type; (c) the severity of body's bones, joints, ligaments, ies so severe as to result in total
(3) Consent and agree to participation participation in NSAA sponsored activity	n of the Student in NSAA attes, and the activities rules of	activities subject to a the NSAA member sch	II NSAA by-lav	vs and rules interpretations for e Student is participating; and,
(4) Consent and agree to (a) the disclose by the NSAA, of information regarding photograph, date of and place of birth, participation in officially recognized acreceived, statistics regarding performant and any other information related to the recorded, audio taped, or recorded by an rights with regard to the display of sucrecordings or to the broadcast, sale or display of the d	ng the Student, including the major fields of study, dates of stivities and sports, weight and ace, records or documentation. Student's participation in NSA my other means while participath recordings, and waive any other means whose students are considered.	e student's name, addr fattendance, grade leve d height of as a member related to eligibility f AA sponsored activities string in NSAA activities claims of ownership or	ress, telephone lal, enrollment state of athletic teator NSAA sponsors; and, (b) the State and contests, c	listing, electronic mail address, tus (e.g., full-time or part-time), ms, degrees, honors and awards ored activities, medical records, udent being photographed, video onsent to and waive any privacy
(5) Consent and agree to authorize licent participation in NSAA activities. This in This would also include transportation of providers and are not employed by the N	ncludes all reasonable and nec of the student to a medical faci	essary preventive care,	treatment and re	chabilitation for these injuries.
(6) Acknowledge that Parents are oblig of such services. We give permission to and consultants to release and discuss al records. We understand that this release participation, fitness, injury, injury statu	o any and all of the Student's h Il records and information about thas been requested and may be	ealth care providers an at the Student including	d the NSAA and otherwise confi	its employees, staff, agents, dential medical information and
I acknowledge that I have read paragraphetential risk of injury inherent in partic		understand and agree	to the terms the	ereof, including the warning of
Name of Student [Print Name]	Stud	dent Signature		Date
(I am)(We are) the Student's [circle ap through (6) above, understand and agre athletic activities. Having read the w hereby give (my)(our) permission for _ high school in activities approved by the	ee to the terms thereof, include arning in paragraph (2) above	ling the warning of poet and understanding the[insert student name	tential risk of in e potential risk o	jury inherent in participation in
Baseball Golf	Tennis	Play Production	Basketball	Swimming/Diving
Track Football	Speech	Cross Country	Soccer	Volleyball
Music Unified Box	wling Softball	Wrestling	Debate	Journalism
Doront [Drint Nome]		ent Signature		

■ PREPARTICIPATION PHYSICAL EVALUATION CLEARANCE FORM

Name		Sex 🗆 M 🗆 F Age	Date of birth
☐ Cleared fo	r all sports without restriction		
		ations for further evaluation or treatment for	
□ Not cleare	d		
	Pending further evaluation		
	1 For any sports		
Recommenda	tions		
and can be the physicia	made available to the school at the requ	e in the sport(s) as outlined above. A copy of the puest of the parents. If conditions arise after the attroblem is resolved and the potential consequence	lete has been cleared for participation,
Name of physi	ician (print/type)		Date
Address			Phone
Signature of p	hysician		, MD or D0
EMERGEN	CY INFORMATION		
Allergies			
Other informat	tion		

Co-operative Sports Agreement

Allen Consolidated Schools and Wakefield Public Schools will be entering into the second year of a two year extra -curricular cooperative agreement. The agreement includes the following activities for the 2019-2020 school year: Junior High Football, Junior High Wrestling, Junior High Volleyball, Junior High Boys and Girls Basketball, Junior High Track, Varsity Volleyball, Varsity Girls Basketball, Varsity Wrestling, Varsity Boys and Girls Golf. If an athlete participates in activities that are held in Wakefield transportation will be provided by the school. Informational letters pertaining to the specific sports will be sent to parents as we get closer to the start of that activity.

One of the major changes that will take place in the second year of the cooperative agreement pertains to junior high activities. Starting in the 2019-2020 school year junior high activities will include students from Allen, Wakefield, and Emerson-Hubbard. In addition to adding Emerson-Hubbard students to the junior high cooperative we will also be adding junior high track as a sport that is shared between the three schools. If you have any questions concerning the cooperative agreement for extra-curricular activities please contact the office.





Allen National Honor Society

Front Row: (New Members)

Ashley Kraemer, Alli Jackson, Taylor Boyle, Carly Dickens, Kobe Kumm, Anthony Isom, Cole Woodward, and Haley Stapleton.

Back Row: (Present Members)

Katie Bathke, Cassidy Thomas, Alyssa Boese, Jacob Anderson, Brogan Jones, Lukas Oswald, Noah Carr, Summer Jackson, Ally Twohig, and Alyssia Strivens.

Congratulations to the NCPA All-State Winter and Spring Recipients!!





Brogan Jones Cassidy Thomas
Boys Basketball Music
and Track



Alli Jackson Girls Track



Kobe Kumm Boys Track



Ally Twohig Girls Basketball and Track



Alyssa Boese Music

SUMMER $m A + \pi$ CHALLENGE

Find a Book

Noah Carr

Boys Basketball

and Track

Summer Learning Opportunities

The Nebraska Department of Education is offering some online summer math (K-8) and reading (K-12) opportunities that include fun activities and resources.

To check those out, go to:

https://www.education.ne.gov/tl/summer-learningprograms/?platform=hootsuite.

STUDENTS AND PARENTS

Please check your PowerSchool schedule after July 20th to see your classes for the 2019 - 2020 school year.

The Drop/Add period will be the first full week of school in August. If you have any questions or problems, email Mrs.

Oswald at laoswald@allenschools.org.

Thank you!

High School Football Gear Checkout Night

June 10, 2019

6:00pm @ crow's nest

Physical / Consent forms that have been completed would be appreciated.



High School Football Mini-Camp

July 16 - 17

7:30pm to 8:30pm

To prepare for EPIC Team Camp

FFA Summer Schedule

June 6, 2019

- Highway Cleanup 6pm -
 - June 10, 2019
- Officer Meeting TBA -
- June 20, 2019
- Chapter Meeting 6pm -
- June 27, 2019 - Highway Cleanup - 6pm -

July 9 - 11, 2019

- Service Project at Dixon County Fairgrounds

Contact Mr. Batenhorst with questions.

jbatenhorst@allenschools.org

FFA DEGREES

<u>Discovery Degree</u>



Brody Floyd

Greenhand Degree









COLUMN TO THE PARTY OF THE PART

L to R: Makaya Johnson, Cheyenne Keil, Kaleb Kumm, and Reed Hingst

Chapter Degree















L to R: Ashley Kraemer, Wyatt Verzani, Cole Woodward, Jacob Anderson, Noah Carr, Brock Floyd, and Brogan Jones

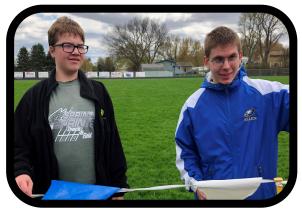
State Degree





L to R: Katie Bathke and Alyssa Boese





L to R: Garrett Kraemer and Jacob Kneifl

Spring Sprints was held in Wayne on Friday May 3.

Over 150 students attended from 9 area schools.



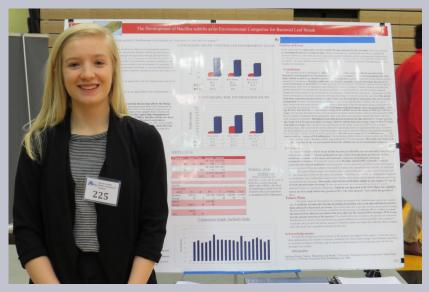


5th Grade Fishing Trip to Fahrenholz's pond.

CLASS OF 2020 SENIOR PICTURES

The school needs two colored glossy billfold size portraits or a digital photo copy of each senior by January 13, 2020.

Guidelines for these pictures will be sent home at a later time.



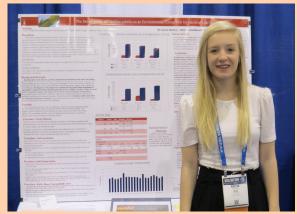
Katie Bathke Qualifies for National Science Competition

On April 25, 2019 thirty two of Nebraska top high school projects competed at the Nebraska State Science fair at Nebraska Wesleyan University. Allen Consolidated schools was represented by Katie Bathke, Ashley Kraemer, and Cole Woodward. During the competition the judges are instructed to find the top projects that should be sent to national competition. This year Katie Bathke finished in the Top 6 in the Senior Division of the Nebraska Junior Academy of Sciences State Science Fair Qualifying her to present at the AJAS / AAAS National Science Symposium in Seattle, Washington in February of 2020. Katie is the daughter of Marc and Cristy Bathke of Dixon, NE. This marks the 3rd consecutive year that Katie will be presenting at the American Junior Academy of Sciences Symposium.

Special awards are also selected at the Nebraska State Science Fair. Special awards are selected based on the criteria proposed by the science organization awarding the special award. This year two Allen Consolidated students brought home special awards. Katie's project was selected as the project with the best use of in vitro biology. Ashley Kraemer's project was selected as the "Outstanding Geoscience Project" at the Nebraska Junior Academies of Science competition. Ashley's award was sponsored by the Association for Women of Geoscientists.



Instructor



Katie Bathke of Allen Consolidated Schools competes at the International Science and Engineering Fair in Phoenix, AZ.

From: Marc Bathke, Science Instructor Allen Consolidated Schools

Congratulations to Katie Bathke for qualifying to compete at the 2019 International Science & Engineering Fair (ISEF) in Phoenix, AZ. This marks the second consecutive year that Katie competed in the International Science & Engineering Fair. The International Science and Engineering Fair (ISEF) is the largest pre-collegiate science fair in the world. This year 1800 students from 83 countries competed for over five million dollars in prize money at ISEF. The title of her project is "The development of Bacillus subtilis as an environmental competitor for Bacterial Leaf Streak". Katie is a senior at Allen Consolidated Schools, and is the daughter of Marc and Cristy Bathke of Dixon, NE.

The Abstract for Katie's project is below:

Abstract

The first observation of Xanthomonas vasicola pathovar vasculorum, commonly known as bacterial leaft streak being in the United States occurred in Nebraska. As of August 2016, was identified to be affecting the foliage of many types of corn. Since then the disease has been confirmed in eight other states across the corn belt, and there is still no known control method. The project was chosen to see if Bacillis subtilis could be used as an environmental competitor to potentially suppress the growth of Xanthomonas vasicola pathovar vasculorum. Therefore, the question tested in this experiment is "How will Bacillus subtilis compete with the growth of Bacterial Leaf Streak in a vivo soil study and a vitro microbiology study?" Bacillus subtilis has been found to naturally compete and reduce the growth of various pathogens in agriculture through plant growth promotion, antibiosis, competition for space and nutrients, cells lysis of pathogens, and induced systematic resistance. To begin B. subtilis and Xvv. were created into soil inoculants to be used in a soil enumeration study. The procedure was conducted by placing both bacterial strains into the same environment allowing them to grow. When the bacteria were pulled out of the soil, a dilution series using selective agars were used to identify which bacteria was most populated in the soil. Kirby Bauer disk diffusion test was then conducted with the surfactin pulled from the B. subtilis to assess its effect against Xanthomonas vasicola pv. vasculorum. Results indicate that B. subtilis outcompetes Xvv. and could potentially be used in the future to help producers control the spread of Xvv.





Allen Consolidated Schools



	T		June 2019			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday 1 0,000 m 12,000 mm
						9:00am - 12:00pm Driver's Ed Class
2	9:00am-12:00pm - Summer School	9:00am-12:00pm - Summer School	5 9:00am-12:00pm - Summer School	6 9:00am-12:00pm - Summer School	7 TBA - USD JV & Varsity HS Allen Boys Basketball	8 TBA - USD JV & Varsity HS Allen Boy
	6:00am-7:00am - W-A Sports	9:00am-12:00pm - Driver's Ed	9:00am-12:00pm - Driver's Ed	6:00pm - FFA Highway Clean-up		Basketball
	Weights - Session I @ Wakefield 7:00am -8:00am - W-A Sports	Class 6:00am-7:00am - W-A Sports	Class 6:00am-7:00am - W-A Sports	6:00am-7:00am - W-A Sports		
	Open Gym @ Wakefield 3:00pm-4:00pm - W-A Sports	Weights - Session I @ Wakefield 7:00am -8:00am - W-A Sports	Weights - Session I @ Wakefield 7:00am -8:00am - W-A Sports	Weights - Session I @ Wakefield 7:00am -8:00am - W-A Sports		
	Weights - Session II @ Wakefield 4:00pm-5:00pm - W-A Sports	Open Gym @ Wakefield 3:00pm-4:00pm - W-A Sports	Open Gym @ Wakefield 3:00pm-4:00pm - W-A Sports	Open Gym @ Wakefield 3:00pm-4:00pm - W-A Sports		
	Open Gym @ Wakefield TBA: W-A Girls Basketball	Weights - Session II @ Wakefield 4:00pm-5:00pm - W-A Sports	Weights - Session II @ Wakefield 4:00pm-5:00pm - W-A Sports	4:00pm-5:00pm - W-A Sports		
	- WSC Basketball Camp 5:00pm - HS Boys Weights	Open Gym @ Wakefield TBA: W-A Girls Basketball	Open Gym @ Wakefield TBA: W-A Girls Basketball	Open Gym @ Wakefield TBA: W-A Girls Basketball		
	TBA - HS Boys BB Skills Camp	- WSC Basketball Camp 5:00pm - HS Boys Weights	- WSC Basketball Camp 6:30pm-8:30pm - W-A Wrestling	- WSC Basketball Camp 5:00pm - HS Boys Weights		
	in gym - Gr. 9-12	TBA - HS Boys BB Skills Camp	Summer League	5:00pm - HS Boys Weights		
		in gym - Gr. 9-12	5:00pm - HS Boys Weights TBA - HS Boys BB Skills Camp			
9	10	11	in gym - Gr. 9-12	13	14	15
	9:00am-12:00pm - Summer School	9:00am-12:00pm - Summer School	9:00am-12:00pm - Summer School	9:00am-12:00pm - Summer School	TBA - HS Boys BB Camp @ Sioux Falls	TBA - HS Boys BB Camp @ Sioux Falls
	TBA - FFA Officers Meeting	7:00pm - School Board Meeting	6:00am-7:00am - W-A Sports Weights - Session I @ Wakefield	6:00am-7:00am - W-A Sports Weights - Session I @ Wakefield		
	6:00am-7:00am - W-A Sports Weights - Session I @ Wakefield	6:00am-7:00am - W-A Sports Weights - Session I @ Wakefield	7:00am -8:00am - W-A Sports Open Gym @ Wakefield	7:00am -8:00am - W-A Sports Open Gym @ Wakefield		
	7:00am -8:00am - W-A Sports Open Gym @ Wakefield	7:00am -8:00am - W-A Sports Open Gym @ Wakefield	3:00pm-4:00pm - W-A Sports Weights - Session II @ Wakefield	3:00pm-4:00pm - W-A Sports Weights - Session II @ Wakefield		
	3:00pm-4:00pm - W-A Sports Weights - Session II @ Wakefield	3:00pm-4:00pm - W-A Sports Weights - Session II @ Wakefield	4:00pm-5:00pm - W-A Sports Open Gym @ Wakefield	4:00pm-5:00pm - W-A Sports Open Gym @ Wakefield		
	4:00pm-5:00pm - W-A Sports Open Gym @ Wakefield	4:00pm-5:00pm - W-A Sports Open Gym @ Wakefield	6:30pm-8:30pm - W-A Wrestling			
	4:00pm - Open Gym in Allen for	4:00pm - Open Gym in Allen for	Summer League TBA: W-A Girls Basketball	5:00pm - HS Boys Weights		
	Gr 7 - 12 5:00pm - HS Boys Weights	Gr 7 - 12 5:00pm - HS Boys Weights	- WSC Basketball Camp 4:00pm - Open Gym in Allen for			
	6:00pm - HS Football gear check-		5:00pm - HS Boys Weights			
16	out night @ Football Field 17	18	19	20	21	22
	7:00pm - Music Booster Meeting in Band room	6:00am-7:00am - W-A Sports Weights - Session I @ Wakefield	6:00am-7:00am - W-A Sports Weights - Session I @ Wakefield	6:00pm - FFA Chapter Meeting		
	6:00am-7:00am - W-A Sports Weights - Session I @ Wakefield	7:00am -8:00am - W-A Sports Open Gym @ Wakefield	7:00am -8:00am - W-A Sports Open Gym @ Wakefield	6:00am-7:00am - W-A Sports Weights - Session I @ Wakefield		
	7:00am -8:00am - W-A Sports Open Gym @ Wakefield	10:00am-3:00pm - W-A HS VB Camp @ Wakefield	3:00pm-4:00pm - W-A Sports Weights - Session II @ Wakefield	7:00am -8:00am - W-A Sports Open Gym @ Wakefield		
	10:00am-3:00pm - W-A HS VB Camp @ Wakefield	3:00pm-4:00pm - W-A Sports Weights - Session II @ Wakefield	4:00pm-5:00pm - W-A Sports Open Gym @ Wakefield	3:00pm-4:00pm - W-A Sports Weights - Session II @ Wakefield		
	3:00pm-4:00pm - W-A Sports Weights - Session II @ Wakefield	4:00pm-5:00pm - W-A Sports Open Gym @ Wakefield	6:30pm-8:30pm - W-A Wrestling Summer League	4:00pm-5:00pm - W-A Sports Open Gym @ Wakefield		
	4:00pm-5:00pm - W-A Sports Open Gym @ Wakefield	4:00pm - Open Gym in Allen for Gr 7 - 12	TBA - W-A Girls BB WSC Summer League	9:00am - Allen Elementary Open Gym / Gr 3 - 8		
	4:00pm - Open Gym in Allen for Gr 7 - 12	5:00pm - HS Boys Weights	9:00am - Allen Elementary Open Gym / Gr 3 - 8	5:00pm - HS Boys Weights		
	5:00pm - HS Boys Weights	TBA - HS Boys BB Skills Camp in gym - Gr. 9-12	4:00pm - Open Gym in Allen for Gr 7 - 12			
	TBA - HS Boys BB Skills Camp in gym - Gr. 9-12		5:00pm - HS Boys Weights			
23		25 WAS TOO WAS TO	26	27	28	29
	6:00am-7:00am - W-A Sports Weights - Session I @ Wakefield	6:00am-7:00am - W-A Sports Weights - Session I @ Wakefield	6:00am-7:00am - W-A Sports Weights - Session I @ Wakefield	6:00pm - FFA Highway Clean-up		
	7:00am -8:00am - W-A Sports Open Gym @ Wakefield	7:00am -8:00am - W-A Sports Open Gym @ Wakefield	7:00am -8:00am - W-A Sports Open Gym @ Wakefield	6:00am-7:00am - W-A Sports Weights - Session I @ Wakefield		
	3:00pm-4:00pm - W-A Sports Weights - Session II @ Wakefield	3:00pm-4:00pm - W-A Sports Weights - Session II @ Wakefield	3:00pm-4:00pm - W-A Sports Weights - Session II @ Wakefield	7:00am -8:00am - W-A Sports Open Gym @ Wakefield		
	4:00pm-5:00pm - W-A Sports Open Gym @ Wakefield	4:00pm-5:00pm - W-A Sports Open Gym @ Wakefield	4:00pm-5:00pm - W-A Sports Open Gym @ Wakefield	3:00pm-4:00pm - W-A Sports Weights - Session II @ Wakefield		
	4:00pm - Open Gym in Allen for Gr 7 - 12	TBA - W-A HS VB Norfolk Summer League - Varsity only	6:30pm-8:30pm - W-A Wrestling Summer League	4:00pm-5:00pm - W-A Sports Open Gym @ Wakefield		
	5:00pm - HS Boys Weights	4:00pm - Open Gym in Allen for Gr 7 - 12	TBA - W-A Girls BB WSC Summer League	4:00pm - Open Gym in Allen for Gr 7 - 12		
		5:00pm - HS Boys Weights	4:00pm - Open Gym in Allen for Gr 7 - 12	5:00pm - HS Boys Weights		
			5:00pm - HS Boys Weights			9

W-A Sports Schedule
--open gym M & W
Basketball and T & TH
Volleyball--

Athletes strongly encouraged to attend 1 session, 4 days a week

Allen Boys Sport Schedule

HS Boys weights - 3pm is makeup time daily - contact Mr. Blohm to set up.

Allen School Info



Allen Consolidated Schools



July 2019

			July 2019			
Sunday	Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5	Saturday 6
	6:00am-7:00am - W-A Sports Weights - Session I @ Wakefield	6:00am-7:00am - W-A Sports Weights - Session I @ Wakefield				
	7:00am -8:00am - W-A Sports Open Gym @ Wakefield	7:00am -8:00am - W-A Sports Open Gym @ Wakefield		2		
	3:00pm-4:00pm - W-A Sports Weights - Session II @ Wakefield	3:00pm-4:00pm - W-A Sports Weights - Session II @ Wakefield				
	4:00pm-5:00pm - W-A Sports Open Gym @ Wakefield	4:00pm-5:00pm - W-A Sports Open Gym @ Wakefield				
	TBA- Weight Retreat	TBA - W-A HS VB Norfolk Summer League - Varsity only				
		TBA- Weight Retreat				
7	8	9	10	11	12	13
	6:00am-7:00am - W-A Sports Weights - Session I @ Wakefield	FFA Service Project @ Dixon County Fairgrounds	FFA Service Project @ Dixon County Fairgrounds	FFA Service Project @ Dixon County Fairgrounds		
	7:00am -8:00am - W-A Sports Open Gym @ Wakefield	7:00pm - School Board Meeting	6:00am-7:00am - W-A Sports Weights - Session I @ Wakefield	6:00am-7:00am - W-A Sports Weights - Session I @ Wakefield		
	3:00pm-4:00pm - W-A Sports Weights - Session II @ Wakefield	6:00am-7:00am - W-A Sports Weights - Session I @ Wakefield	7:00am -8:00am - W-A Sports Open Gym @ Wakefield	7:00am -8:00am - W-A Sports Open Gym @ Wakefield		
	4:00pm-5:00pm - W-A Sports Open Gym @ Wakefield	7:00am -8:00am - W-A Sports Open Gym @ Wakefield	3:00pm-4:00pm - W-A Sports Weights - Session II @ Wakefield	3:00pm-4:00pm - W-A Sports Weights - Session II @ Wakefield		
	4:00pm - Open Gym in Allen for Gr 7 - 12	3:00pm-4:00pm - W-A Sports Weights - Session II @ Wakefield	4:00pm-5:00pm - W-A Sports Open Gym @ Wakefield	4:00pm-5:00pm - W-A Sports Open Gym @ Wakefield		
	5:00pm - HS Boys Weights	4:00pm-5:00pm - W-A Sports Open Gym @ Wakefield	4:00pm - Open Gym in Allen for Gr 7 - 12	4:00pm - Open Gym in Allen for Gr 7 - 12		
		TBA - W-A HS VB Norfolk Summer League - Varsity only	5:00pm - HS Boys Weights	5:00pm - HS Boys Weights		
		4:00pm - Open Gym in Allen for Gr 7 - 12				
		5:00pm - HS Boys Weights				
14	15	16	17	18	19	20
	7:00pm - Music Booster Meeting in Band room	6:00am-7:00am - W-A VB Weights - Session I @ Wakefield	6:00am-7:00am - W-A VB	6:00am-7:00am - W-A Sports		
	6:00am-7:00am - W-A VB Weights - Session I @ Wakefield	7:00am-8:00am - W-A VB Open Gym @ Wakefield	Weights - Session I @ Wakefield 7:00am-8:00am - W-A VB Open Gym @ Wakefield	Weights - Session I @ Wakefield 7:00am -8:00am - W-A Sports Open Gym @ Wakefield		
	7:00am-8:00am - W-A VB Open Gym @ Wakefield	10:00am-3:00pm - W-A HS VB Camp @ Wakefield	10:00am-3:00pm - W-A HS VB Camp @ Wakefield	3:00pm-4:00pm - W-A Sports Weights - Session II @ Wakefield		
	10:00am-3:00pm - W-A HS VB Camp @ Wakefield	3:00pm-4:00pm - W-A VB Weights - Session II @ Wakefield	3:00pm-4:00pm - W-A VB Weights - Session II @ Wakefield	4:00pm-5:00pm - W-A Sports Open Gym @ Wakefield		
	3:00pm-4:00pm - W-A VB Weights - Session II @ Wakefield	4:00pm-5:00pm - W-A VB Open Gym @ Wakefield	4:00pm-5:00pm - W-A VB Open Gym @ Wakefield	4:00pm - Open Gym in Allen for Gr 7 - 12		
	4:00pm-5:00pm - W-A VB Open Gym @ Wakefield	TBA - W-A HS VB Norfolk Summer League - Varsity only	4:00pm - Open Gym in Allen for Gr 7 - 12	8:00am - 4:00pm - HS Football EPIC Team Camp @ Osmond		
	4:00pm - Open Gym in Allen for Gr 7 - 12	7:00pm-8:30pm - Mini Football Camp @ football field	5:00pm - HS Boys Weights	5:00pm - HS Boys Weights		
	5:00pm - HS Boys Weights		7:00pm-8:30pm - Mini Football Camp @ football field			
21	22	23	24	25	26	27
	6:00am-7:00am - W-A Sports Weights - Session I @ Wakefield	6:00am-7:00am - W-A Sports Weights - Session I @ Wakefield	6:00am-7:00am - W-A Sports Weights - Session I @ Wakefield	6:00am-7:00am - W-A Sports Weights - Session I @ Wakefield		
	7:00am -8:00am - W-A Sports Open Gym @ Wakefield	7:00am -8:00am - W-A Sports Open Gym @ Wakefield	7:00am -8:00am - W-A Sports Open Gym @ Wakefield	7:00am -8:00am - W-A Sports Open Gym @ Wakefield		
	3:00pm-4:00pm - W-A Sports Weights - Session II @ Wakefield	3:00pm-4:00pm - W-A Sports Weights - Session II @ Wakefield	3:00pm-4:00pm - W-A Sports Weights - Session II @ Wakefield	3:00pm-4:00pm - W-A Sports Weights - Session II @ Wakefield		2
	4:00pm-5:00pm - W-A Sports Open Gym @ Wakefield	4:00pm-5:00pm - W-A Sports Open Gym @ Wakefield	4:00pm-5:00pm - W-A Sports Open Gym @ Wakefield	4:00pm-5:00pm - W-A Sports Open Gym @ Wakefield		
	4:00pm - Open Gym in Allen for Gr 7 - 12	4:00pm - Open Gym in Allen for Gr 7 - 12	4:00pm - Open Gym in Allen for Gr 7 - 12	4:00pm - Open Gym in Allen for Gr 7 - 12		
	5:00pm - HS Boys Weights	5:00pm - HS Boys Weights	5:00pm - HS Boys Weights	5:00pm - HS Boys Weights		
28	29	30	31			
28		30 4:00pm - Open Gym in Allen for Gr 7 - 12	31 4:00pm - Open Gym in Allen for Gr 7 - 12	Calendar evei	nts and times are subject to o	change.





ALLEN CONSOLIDATED SCHOOLS

ALLEN, NE. 68710



REVISED March 2019

1st day of classes: August 14, 2019 Grades K - 12 & August 19, 2019 for Pre-K

SUPPLIES NEEDED FOR PRESCHOOL: (2) Glue Sticks, (1) Elmer's Glue - 4 oz., (1) water bottle-12oz., Kleenex (1 box), Velcro or No-Tie P.E. Shoes (these will stay at school – **NO** black soles that leave marks). *Thank you*

*SUPPLIES NEEDED FOR KINDERGARTEN: Elmer's Glue (4 oz.), Kleenex (2 boxes), Velcro or No-Tie P.E. Shoes (these will stay at school – NO black soles that leave marks), and a book bag. Mark all items with names. *Thank you*

*SUPPLIES NEEDED FOR GRADE ONE: (2) Pencil Boxes, (12) yellow #2 pencils, 1 box colored pencils, back pack, 4 glue sticks, 1 bottle of Elmer's glue (4 oz), 2 boxes of 24 count crayons, scissors, 1 box of washable markers, 2 wide ruled spiral notebook, 2 boxes of Kleenex, P.E. Shoes (NO black soles that leave marks)
*Thank you

*SUPPLIES NEEDED FOR GRADE TWO: P. E. shoes, #2 pencils, 3 wide lined notebooks, box of 24 crayons, colored pencils, scissors, 1 box of Kleenex, and 4 oz. Elmer's glue. Please label all items with your child's name. Thank you

*SUPPLIES NEEDED FOR GRADE THREE: P.E. Shocs (NO black soles that leave marks), a ruler with inches & centimeters, scissors, #2 pencils (no mechanical pencils), 2 red pens, eraser, 24 crayons, 1 box washable markers, 1 box colored pencils, 2 Glue sticks, 4 wide ruled spiral notebooks, 1 box of Kleenex and 1 disinfectant wipe. Please label all items with your child's name. Thank you

*SUPPLIES NEEDED FOR GRADE FOUR: SEE NOTE BELOW 24 – #2 pencils, a 24 count box of crayons, 8 pack washable markers, 12 count colored pencils, 2 erasers, 2 wide rule spiral notebooks (*I black, 1 yellow*), (1) 5-subject notebook; scissors, P.E. Shoes (NO black soles that leave marks on the gym floor), 2 glue sticks, ruler (inches on top and centimeters on bottom), 2 red pens, 2 blue pens, 4 pack – Expo multicolor dry erase markers, 2-2 pocket folders (*I- black, I- yellow*), 2 highlighters (two colors please). Thank you

SUPPLIES NEEDED FOR GRADE FIVE: Erasers, #2 Pencils, Colored Pencils, Crayons, Ink Pens (blue, black, and red), 1 Boxes of Kleenex, 2 glue sticks, scissors, Loose Leaf Wide Ruled Paper, Notebooks Wide Ruled 2 misc. notebooks, (1) 5-subject notebook; 2 – 2pocket folders: match the misc. notebook colors. For P.E., you will need to bring a towel and supplies for showering after P.E. (NO P.E. shoes with black soles that leave marks on the gym floor). Optional: Calculator. An assignment book is furnished. *Thank you*

*SUPPLIES NEEDED FOR GRADE SIX: #2 pencils, erasers, 2 different colored college ruled notebooks (one for English and one for miscellaneous activities), (1) 5-subject notebook; folders with pockets, scissors, glue sticks, colored pencils and/or crayons, 4 highlighters, ink pens (black, blue, & or red). For P.E. you will need to bring a towel and supplies for showering after P.E. (NO P.E. shoes with black soles that leave marks on the gym floor.) An assignment book is furnished. Optional: Calculator. Thank you

4th, 5th, AND 6th GRADE STUDENTS:

Math will require one blue folder

Reading will require one red folder and one red notebook Science will require one green folder and one green notebook

Junior High - High School Supply List

Necessities:

Book covers! Students will be required to have books covered by classtime on Friday, August 17th. They can ask for paper for this purpose here at school, or purchase stretchable cloth covers. The best and strongest covers by far, however, are still the grocery paper sack covers, but you'll have to ask for them in the check-out line.

Paper (Spiral or looseleaf – check with teachers)

Pens (blue, black, and red)

Pencils

Three-ring binder(s) (Some teachers require that a binder be used exclusively for their classes.)

Binder dividers (The kinds with pockets are good for loose papers.) Pocket folders

Calculator – check with math teacher to see if they are recommended and for type

A sturdy backpack or bag

Recommended:

Pencil case

Index cards, ruled and unruled (These are great for making flash cards.) Highlighters

Locker Organizers

USB flashdrive(s)

*Padlocks for gym lockers are PROVIDED by the school, but the student must request one. Using a lock is the only way to absolutely ensure that items are not stolen from locker rooms.

*Students may need additional items for specific classes – these will be requested by the teacher at the appropriate time.



**THIS LIST IS OPTIONAL. IF YOU WOULD LIKE TO SUPPLY THESE ITEMS FOR YOUR CHILD/CHILDREN PLEASE DO SO

- IF YOU CANNOT (based on income guide lines) THE DISTRICT WILL SUPPLY THEM FOR YOUR CHILD.** Thank you

ALLEN CONSOLIDATED SCHOOLS 126 E. 5TH STREET PO BOX 190 ALLEN, NE 68710-0190 NON-PROFIT ORGANIZATION

Summer 2019 NEWSLETTER



8:00 am - 3:00 pm Monday - Thursdays ECRWSS
BOXHOLDER
ALLEN, NE 68710

STDPRST U.S. POSTAGE PAID Permit No. 3 Allen, NE



Congratulations Class of 2019!



Are you new to the Allen School District or have you had an addition to your family?

The School District Census Report is a requirement from the Department of Education that is due every July for children ages o - 21 that reside in our school district. These numbers are used by the Nebraska Department of Education for state aid and for federal funding. This list is also used to invite children who are eligible to be enrolled in Pre-School and Kindergarten each spring.

If you are new to our district or know of anyone who is new to our district you are encouraged to contact the school to provide us information. State statute and board policy requires that the school district establishes a permanent, continuing census of all children age O - 21, and to maintain this census on yearly basis.

Please contact Stephanie Sullivan at (402) 635-2484

Or email: ssullivan1@allenschools.org

6th Grade Graduation - Class of 2025







Pre-School Graduation - Class of 2032