

2019 L-C-C Invitational

1 st	4X100 Relay	Noah Carr, Josh Grone, Brogan Jones, Devin Twohig SCHOOL RECORD	45.21
1 st	Long Jump	Jordyn Carr	17'8"
1 st	110 Hurdles	Lukas Oswald	16.95
1 st	100	Noah Carr	11.69
1 st	800	Alli Jackson	2:41.62
1 st	400	Brogan Jones	53.46
1 st	200	Noah Carr	23.72
1 st	300 Hurdles	Lukas Oswald	43.62
1 st	4X400 Relay	Noah Carr, Devin Twohig Lukas Oswald, Brogan Jones	3:38.24
1 st	4X800 Relay	Gabe Reinert, Isaac Verzani, Brogan Jones, Devin Twohig	9:16.35
2 nd	400	Alli Jackson	62.07
2 nd	Triple Jump	Josh Grone	39'4 ¼"
2 nd	200	Jordyn Carr	27.90
2 nd	400	Avery Fredericksen	55.89
2 nd	4X100 Relay	Jordyn Carr, Carly Dickens, Haley Stapleton, Alli Jackson	4:30.88
2 nd	3,200:	Isaac Verzani	11:45.08
3 rd	300 Hurdles	Steven Cooks	47.11
3 rd	100	Jordyn Carr	13.49
3 rd	High Jump	Steven Cooks	5'10"
3 rd	110 Hurdles	Ty Krommenhoek	19.47
3 rd	200	Devin Twohig	24.93
4 th	Discus	Cassidy Thomas	97'7"
4 th	100 Hurdles	Cassidy Thomas	18.84
4 th	1,600	Kobe Kumm	5:28.54
4 th	800	Gabe Reinert	2:22.62
4 th	110 Hurdles	Josh Cooper	20.68
4 th	4X800 Relay	Bethany Kneifl, Ally Twohig, Lauren Gonzales, Summer Jackson	12:35.17
5 th	Shot Put	Josh Grone	39'7"
5 th	300 Hurdles	Mallory Geiger	58.16
5 th	High Jump	Ty Krommenhoek	5'4"
5 th	4X100 Relay	Carly Dickens, Mallory Geiger, Katie Bathke, Ashley Kraemer	56.65
6 th	800	Wyatt Verzani	2:30.31
6 th	300 Hurdles	Cassidy Thomas	58.22
6 th	3,200	Skyler Rahn	18:02.75

BOYS CHAMPIONS!!!!!! Eagles run away with crown over Lutheran High NE....break school record.....

Girls give a great effort finishing fourth.....

It was a mid-season test for the Allen track teams. As a general rule, it was a very strong passing grade effort. The girls team finished fourth in a seven team field, that consisted of Allen, Ponca, Lutheran High Northeast, Emerson-Hubbard-Pender, L-C-C, Winside and Wynot . The boys meanwhile dominated the competitions winning 8 events and running second in three other events. All fourteen girls on the team earned a medal on the day.

TEAM STANDINGS:

Boys: **Allen** 145, Lutheran High 121, L-C-C 95, Ponca 63, Wynot 61, EHP 35, Winside 4

Girls: EHP 118, Ponca 104, Lutheran High 92, Wynot 85, **Allen 68**, L-C-C 41, Winside 10

Several state leading times or distances have were clocked or marked by the Eagle squads. State leading distance and time in the girl's long jump and 400, along with the 4X400 relay closing in fast. The boys have posted the fastest 4X100 relay by breaking the school record here Tuesday in 45.21. They also ran 3:38.2 which also leads Class D. Noah Carr leads Class D in the 200 meters as well. The 4X800 relay nears the tops of the charts as well.

Next action for the Eagle track squads will be at the Ponca Invitational, on Tuesday, April 23rd, with a 3:00 starting time.

COACHES COMMENTS:

"I felt our kids performed exceptionally well today. The girl's team had a very good day, and the boys exploded today with tremendous effort across the board. We will continue to do what it takes to improve. These kids are demanding success, and it is very enjoyable to coach kids like that."