



2019		2019		
Monday	Tuesday	Wednesday	Thursday	Friday
2 No School	3 B: Chocolate Donut L: Chicken Fries Mashed Potatoes w/ Gravy Tea Roll	4 B: Eggstravaganza L: Burrito Spanish Rice Carrots	5 B: Breakfast Pizza L: Ham & Scalloped Potatoes Peas Tea Roll	6 B: Cinnamon Round L: Turkey Melt Corn Apple Crisp
9 B: French Toast L: Teriyaki Chicken Asian Rice Tea Roll Fortune Cookie	10 B: Omelet L: Country Fried Steak Mashed Potatoes w/ Gravy Tea Roll	11 B: Glazed Donut L: Chicken Patty on a Bun Green Beans Sun Chips	12 B: Uncrustable L: Chicken Quesadilla Broccoli w/ Cheese Sauce Tea Roll	13 B: Egg & Biscuit L: Pork Patty on a Bun Au gratin Potatoes Tea Roll Jello
16 No School	17 B: Pancake & Sausage L: Biscuit & Gravy Corn Cheese Stick	18 B: Cinnamon Roll L: Chicken Nuggets Mashed Potatoes w/ Gravy Tea Roll Brownie	19 B: Banana Bar L: Crispito w/ Cheese Sauce Green Beans Tea Roll	20 B: Egg & Bacon Toast L: BBQ Pork on a Bun Baked Beans Doritos
23 B: Cinnamon Round L: Hamburger on a Bun Spiral Fries	24 B: Long John L: Pepperoni Pizza Corn Jello	25 B: Breakfast Pizza L: Chicken Strips Mashed Potatoes w/ Gravy Tea Roll	26 B: Biscuit & Gravy L: Hot Dog on a Bun Tater Tots	27 B: Eggstravaganza L: Hot Ham & Cheese Peas Cookie
30 B: Omelet L: Philly Steak on Flat Bread Green Beans				

Most Breakfast Meals (B) include: Choice of Cereal or Oatmeal

All Lunch Meals (L) include:

8 oz. Milk
Salad Bar

All Breakfast Meals (B) Include: 8 oz. Milk
Fruit or Fruit Juice

Salad Bar may include the following options: Fresh Lettuce
Fresh Spinach
Carrots / Celery
Tomatoes
Diced Eggs
Bean Variety
Cucumbers
Fruit Variety

FALL
Faith Family Friends
pumpkins
harvest
COUNT YOUR BLESSINGS
apple cider crisp air
hay football
rides family gatherings **PIE**
Thanksgiving
candy corn pretty leaves
GRATITUDE Autumn
hot chocolate with marshmallows

FALL SPORTS



Fall is Here!